

# RELEASE FORM

PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS

I, \_\_\_\_\_, the enrolled participant and/or the parent/guardian of the participant agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to paralyzing injuries and death.

The participant hereby agrees to participate in the Diversified Aquatics SwimAmerica Program and hereby agrees to indemnify and hold harmless, Diversified Aquatics, New England Barracudas Swimming Team, Watertown Boys and Girls Club, its coaches, officers, directors, agents and employees against any liability resulting from any injury that may occur to the participant while participating in the Diversified Aquatics SwimAmerica Program. The participant also agrees to indemnify Diversified Aquatics for any damages incurred arising from any claims, demand, action or cause of action by the participant.

The participant authorizes any representative of Diversified Aquatics, or the Watertown Boys & Girls Club to have the participant treated in any medical emergency during their participation in the Diversified Aquatics SwimAmerica Program. Further, the participant and/or parent/guardian agrees to pay all costs associated with medical care and transportation for the participant.

I have noted on the back of this form any medical/health problems of which the staff should be aware or have attached any further explanations necessary.

I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.

I understand that I have reserved only the classes paid for in advance and can not assume availability beyond this reservation. I also understand that there will be no make-up lessons for classes missed, unless the class is canceled by Diversified Aquatics, in which case an additional class will be added at the discretion of the management. While every effort will be made to maintain consistent staffing, there is no guarantee, implied or otherwise that a particular instructor will be available to teach a particular class. There are absolutely no refunds for classes missed due to absence, sickness or permanent withdrawal from the program. Private lessons must be paid for in advance and 48 hours notice is required to cancel or change a lesson or the fee will be forfeited.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

(Participant or parent/guardian if under 18)

**DIVERSIFIED AQUATICS**  
**56.5 Orange Street**  
**Waltham, MA 02453**  
**#1-781-894-2261**  
**nebarracudas@rcn.com**



***SwimAmerica***™

*convenient location!*

Watertown Boys & Girls Club (Watertown)

[www.diversifiedaquatics.com](http://www.diversifiedaquatics.com)

# Diversified Aquatics SwimAmerica Program Registration Form

[Please Print]

Student Information: Name(s), Age(s): \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Conditions and Medications: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Name of Parent or Guardian: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City or Town \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ E-mail: \_\_\_\_\_

**PLEASE SIGN OTHER SIDE!** Station Level: \_\_\_\_\_  
 First Class Date: \_\_\_\_\_  
 Referred By: \_\_\_\_\_

Fee is \$100/session of 8 lessons. Please make checks payable to:  
 Diversified Aquatics, 56.5 Orange Street, Waltham, MA 02453.

## CLASS CHOICES

**Registration must be received in advance of first class.**  
 Please fill in desired class times. Each session is eight half-hour lessons total. See below for offered class times.

MON	TUE	WED	THU	FRI	SAT
					X

## GROUP LESSONS

Group lessons will be offered in ongoing sessions throughout the summer months at Watertown Boys and Girls Club. Sessions consist of eight half-hour lessons and are available Monday, Tuesday, Wednesday, Thursday and Friday mornings at Watertown Boys and Girls Club. You may custom design the session by selecting the number of lessons per week, the days of the week and the time of the lesson. Each session may be completed as one lesson per week for eight weeks, two per week for four weeks or four per week for two weeks. The cost is \$100.00/session of eight classes. Payment for all classes is by check made out to Diversified Aquatics. Please send your registration form and check to Diversified Aquatics, 56.5 Orange Street, Waltham, MA 02453. You must register in advance of the first class. Spaces in classes will be assigned in the order that the registrations are received. Registrations will be not accepted the day of the first class. Register in person or through the mail only. Call 1 (781) 894-2261 for more info and scheduling.

PRE level classes are for 3, 4 & 5 year olds who are ready to go in the water without their parent. Children's Classes (stations 1-10) are for children aged six and up. Station 1 & 2 (beginner), station 3 & 4 (advanced beginner), station 5, 6, 7 (intermediate), station 8, 9, 10 (advanced) are available at Watertown Boys and Girls Club. Swimmers passing station 7 will be eligible for membership on the Diversified Aquatics Recreation Team (DART) or the New England Barracudas Swimming Team (CUDA).

Take the Mass Turnpike (Route 90) to exit 17 (Newton / Watertown exit). As you come off the exit, follow the signs to Watertown (Galen Street). Follow Galen Street to Watertown Square. Take a left on Main Street (Route 20) following signs toward Waltham. Approximately 3 to 4 blocks down you will see Store 24 on your left. Take the next right onto Whites Avenue. The Club is the first building on the right at 25 Whites Avenue.

Classes will be canceled only in the event of a pool failure and then only at the discretion of the director. If Diversified Aquatics cancel a lesson, an additional class will be added at their discretion. Make-ups will not be available for classes that were not canceled by the director (i.e. absence, sickness, permanent withdrawal etc.) There is no guarantee implied or otherwise that a particular instructor will be available to teach a particular class.

## WHAT IS SWIMAMERICA?

SwimAmerica is the state of the art learn-to-swim program developed by the American Swimming Coaches Association to provide the finest learn-to-swim progression in the world. The program uses a station teaching method that allows students to progress at their own rate. Each station represents one or more well defined skills. Once the swimmer has mastered the station's skills, he/she is graduated to the next station.

Diversified Aquatics was the first program to offer SwimAmerica in the Boston area. Diversified Aquatics (D.A.) has one of the top developmental swimming programs in New England. Diversified Aquatics will provide their instructors to teach the SwimAmerica program at their convenient location at the Watertown Boys and Girls Club, 25 Whites Avenue, Watertown, MA. (for directions, please see www.diversifiedaquatics.com) Reid Christen, owner of Diversified Aquatics, has 30 years of experience coaching and teaching swimming. His staff has been carefully chosen from the best coaches and swimmers in the area and professionally trained.

## SCHEDULE

### Watertown Boys & Girls Club

Summer Schedule: Mornings only June 25-August 17.

There will be no programs July 2-6.

PRE I: Mon-Fri: 9:30, 10:30 AM.

Level 1,2: Mon-Fri: 9:30 & 10:30 AM

Level 3,4: Mon-Fri: 9:30 & 10:30 AM

Level 5,6,7: Mon-Fri: 9:00 & 10:00 AM

Level 7,8,9: Mon-Fri: 9:00 & 10:00 AM

## DIRECTIONS

## MAKEUP CLASSES