

# DIVERSIFIED AQUATICS RELEASE FORM PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS

I, \_\_\_\_\_, the enrolled participant and/or the parent/guardian of the participant agree and understand that swimming is a **HAZARDOUS** activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to paralyzing injuries and death. The participant hereby agrees to participate in the Diversified Aquatics Aquazone program and hereby agrees to indemnify and hold harmless, Diversified Aquatics, The New England Barracudas Swim Team, the Watertown Boys' and Girls' Club, its coaches, officers, directors, agents and employees against any liability resulting from any injury that may occur to the participant while participating in the Diversified Aquatics Aquazone Program. The participant also agrees to indemnify Diversified Aquatics for any damages incurred arising from any claims, demand, action or cause of action by the participant.

The participant authorizes any representative of Diversified Aquatics to have the participant treated in any medical emergency during their participation in the Diversified Aquatics Aquazone Program. Further, the participant and/or parent/guardian agrees to pay all costs associated with medical care and transportation for the participant.

I have noted on the back of this form any medical/health problems of which the staff should be aware or have attached any further explanations necessary.

**I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.**

I understand that there will be no make-up lessons for classes missed, unless the class is canceled by Diversified Aquatics, in which case an additional class will be added at the discretion of the management. There are absolutely no refunds for classes missed due to absence, sickness or permanent withdrawal from the program. Private lessons must be paid for in advance and 48 hours notice is required to cancel or change lesson or fee will be forfeited.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

(Participant or parent/guardian if under 18)

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

(Participant if parent/guardian signed)



DIVERSIFIED AQUATICS  
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NEBARRACUDAS@RCN.COM

**WATERTOWN BOYS+ GIRLS CLUB**  
[25 whites avenue • watertown, ma]

**diversified aquatics**  
**AQUAZONE**  
**INTENSIVE**  
**RECREATIONAL & DEVELOPMENTAL**  
**SWIM PROGRAMS FOR KIDS 7-12**

[www.diversifiedaquatics.com](http://www.diversifiedaquatics.com)

# AQUAZONE Program Registration Form

PLEASE SIGN THE OTHER SIDE!

Student Name(s), Age(s), Conditions and Medications (please print): \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name of Parent or Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

City or Town \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ E-mail: \_\_\_\_\_

Tuition is \$ 160/week, 2 weeks \$280, 4 weeks \$520, 6 weeks \$750, 7 weeks \$875. Discounted multiple week prices are valid only when all weeks are paid in full in advance. Register by April 30th and receive the discounted rate of \$140/week. Please send check or money order for full amount payable to: AquaZone 56 1/2 Orange Street, Waltham, MA 02453 Phone 1-781-894-2261

### CHECK SESSION (S):

No Programs July 2- 6

Jun 25 - Jun 29  July 23 - 27

July 9 - 13  July 30 - Aug 3

July 16 - 20  Aug 6 - 10

Aug 13 - 17

AquaZone T-shirts only \$15 each! check size (s) and add \$ to total.

child 2-8 \_\_\_\_ 6-8 \_\_\_\_ 10-12 \_\_\_\_

14-16 \_\_\_\_ adult M \_\_\_\_ L \_\_\_\_ XL

Goggles & bathing suits are available online: [www.diversifiedaquatics.com](http://www.diversifiedaquatics.com)

**The Diversified Aquatics AquaZone** is a series of weekly half-day programs focusing on swimming and aquatics for boys and girls aged 7 -12 years. Weekly sessions will be held throughout the summer at the Watertown Boys and Girls Club, 25 Whites Avenue, Watertown.

These programs will be divided into two groups, Red and Blue. Both groups will have two hours each day in the water.

**The RED group**, or recreational group is for children who are learning to swim and want to have fun in the water. Red group swimmers will have two swimming lessons each day which will focus on skill development.

The red group will have many opportunities for fun and recreation in the water.

**The BLUE group** or developmental competitive group is for swimmers who have already developed their skills to the point of being ready to learn about competition. Blue group swimmers will have classes that will develop speed, endurance and confidence in half-hour sessions of intensive work to develop stroke technique.

In addition to swimming instruction, the Aquazone staff may also introduce swimmers to some of the fundamentals of competitive swimming, synchronized swimming and water polo.

8:45 -9:00

9:00 -9:30

9:30 -10:00

10:00 -10:30

10:30 -11:00

11:00 -11:15

11:15 -11:45

11:45 -12:00

Drop-off

1st swimming lesson

Free swim period

2nd swimming lesson

Watergames | Free Swim

Snack time

Games and activities

Pick-up

schedule:

diversified aquatics

# AQUAZONE

INTENSIVE

RECREATIONAL & DEVELOPMENTAL  
SWIM PROGRAMS FOR KIDS 7-12

**DIRECTIONS TO WATERTOWN:** Take the Mass Turnpike (Route 90) to exit 17 (Newton / Watertown exit). As you come off the exit, follow the signs to Watertown (Galen Street). Follow Galen Street to Watertown Square. Take a left on Main Street (Route 20) following signs toward Waltham. Approximately 3 to 4 blocks down you will see Store 24 on your left. Take the next right onto Whites Avenue. The Club is the first building on the right at 25 Whites Avenue.